

# Saint Talks

## Group Discussion

Season 2  
Session 1

### Serving to Lead: The Heart of Leadership

#### Objective:

To develop an understanding of servant leadership rooted in humility and integrity, reflecting upon biblical examples of leadership and identifying ways to lead by example both on and off the field or court.

<b>Opening Prayer:</b>	<p>Lord God, as we come together for another session, we ask for Your guidance in understanding what it means to lead with humility and servanthood. Teach us to be leaders who follow the example of Jesus Christ. Amen.</p>
<b>Biblical Reflection:</b>	<p>Read Mark 10:42-45. Reflect on Jesus' teachings about servant leadership and its relevance to our roles as athletes and leaders.</p>
<b>Discussion:</b>	<ul style="list-style-type: none"> <li>● Share examples of leaders who have inspired you, both within the realm of sports and in other areas of life. Why do they inspire you?</li> <li>● Discuss the characteristics of servant leaders, including humility, empathy, compassion, and a commitment to serving the needs of others.</li> <li>● Explore the impact of servant leadership on team dynamics, organizational culture, and the development of individuals, recognizing its power to inspire, empower, and unify.</li> </ul>
<b>Application:</b>	<ul style="list-style-type: none"> <li>● Reflect on your own leadership style and practices. Are there areas where you can incorporate more servant leadership principles?</li> <li>● Identify specific ways you can serve and support your teammates, coaches, and others in your community.</li> <li>● Commit to leading with humility, compassion, and a servant's heart, knowing that true leadership is not about holding power or authority but about making a positive difference in the lives of others.</li> </ul>
<b>Closing Prayer:</b>	<p>Gracious God, we thank You for the example of Jesus, who came not to be served, but to serve. Help us to follow His example in our roles as athletes and leaders, always seeking to serve others and glorify You in all we do.</p> <p>Our Father, who art in heaven...</p> <p>Amen.</p>