

# Saint Talks

## Group Discussion

Season 2  
Session 3

### Reflecting Christ's Character: Sportsmanship and Integrity.

#### Objective:

To explore the importance of reflecting Christ's character in sportsmanship and integrity, understanding how our actions while competing can be a testimony to our faith and influence others for Christ.

<b>Opening Prayer:</b>	Heavenly Father, as we come together for this session, we ask for Your guidance and wisdom. Help us to understand the significance of Christ's character as it relates to our sportsmanship and integrity while competing. Amen.
<b>Biblical Reflection:</b>	Read Philippians 2:3-4 and reflect on Paul's exhortation to prioritize others above ourselves and to demonstrate humility and integrity in our interactions.
<b>Discussion:</b>	<ul style="list-style-type: none"> <li>● Share examples of athletes or sports figures who have exhibited admirable sportsmanship and integrity. How did their actions reflect Christ's character?</li> <li>● Discuss the challenges athletes face in maintaining integrity and sportsmanship, particularly in competitive environments.</li> <li>● Explore practical ways to demonstrate Christ-like character and model ideal sportsmanship.</li> </ul>
<b>Application:</b>	<ul style="list-style-type: none"> <li>● Reflect on past experiences where you may have struggled with maintaining integrity or sportsmanship. Pray for strength and guidance in those areas.</li> <li>● Commit to actively practicing humility, respect, and fairness in your interactions with teammates, opponents, coaches, and officials.</li> <li>● Initiate conversations with teammates, coaches, and peers about the importance of sportsmanship and integrity. Share your insights and experiences, and encourage others to join you in striving for higher standards of conduct.</li> </ul>
<b>Closing Prayer:</b>	<p>Lord Jesus, we thank You for the example of humility and integrity You have set for us to follow. As we strive to reflect Your character in our sportsmanship and integrity, help us honor You during competition and in all we do, so we may be a light that points others to Your love and grace.</p> <p>Our Father, who art in heaven...</p> <p>Amen.</p>