

Saint Talks

Group Discussion

Season 2
Session 2

Prioritizing God: Making Time for Prayer Amidst an Action-Packed Schedule

Objective:

To explore practical ways to prioritize God in the midst of hectic schedules, recognizing the importance of carving out time for prayer and spiritual reflection, and committing to intentional practices that nurture a deeper relationship with God.

Opening Prayer:	Gracious God, as we gather once more, we recognize the challenges of balancing our action-packed lives with our desire to prioritize You. Grant us wisdom and discernment as we explore how to make time for prayer in the midst of our daily schedules. Amen.
Biblical Reflection:	Read Luke 5:15-16. Reflect on Jesus' example of withdrawing to pray in the midst of His ongoing ministry.
Discussion:	<ul style="list-style-type: none"> ● Share personal experiences of struggling to find time for prayer amidst your action-packed schedule. ● Discuss the importance of making intentional choices to prioritize God in our daily lives. ● What are some practical strategies for carving out time for prayer and worship, even when our schedules are full? ● How can we make practices and games a form of prayer, even while our immediate focus is on competing?
Application:	<ul style="list-style-type: none"> ● Evaluate your current schedule and identify areas where you can create space for prayer. Consider how a few minutes, day after day, can make an impact on your spiritual journey. ● Experiment with different times and methods of prayer to find what works best for you. ● Hold yourself accountable by setting specific goals for prayer time.
Closing Prayer:	<p>Heavenly Father, we thank You for the gift of prayer, which allows us to draw near to You in the midst of our action-packed lives. Grant us the discipline and desire to prioritize You above all else, finding strength and renewal in Your presence</p> <p>Our Father, who art in heaven...</p> <p>Amen.</p>